



2022-2023 Dress Code & Shoe Requirements

At FMDC, we have a dress code for all ages groups. Just like any team sport, you would not show up to the game without your jersey, and the same goes for dance class. Dressing appropriately in class gives the dancer confidence, helps lessen distractions, and helps teachers better see body lines.

Please Note- Students not in the proper attire could be asked to sit, watch, and take notes in class. No loose jewelry (stud earrings allowed) is permitted or gum chewing. All dance shoes (including sneakers for hip-hop) must NOT be worn outside. NO JEANS are to be worn in any class, including tap.

Where to shop:

All Twirl classes (pink, lilac, and yellow) will purchase their leotards through FMDC. FMDC sells ballet shoes, tap shoes, tights, and other black apparel that can be worn in the classroom. Click [HERE](#) to view the FMDC apparel.

Boulder Body Wear is your local dance store, and they can help you find any dance shoes or other dance items you may need. They have fantastic customer service.

Boulder Body Wear
2850 Arapahoe Rd #104
Lafayette, CO 80026
Phone: (303) 447-9100

Inclusivity:

Part of FMDC's dress code is to be inclusive of all skin tones. For classes that are required to have tights that match their skin tone, we welcome dancers to choose an option that best matches their skin tone. FMDC partners with a company that offers a variety of options for our dancers.

This does not apply for ballet classes as all dancers will be in pink tights, therefore, pink ballet shoes will continue the line of the leg for all dancers regardless of skin tone.

Below you will find our 2022-2023 Dress Code & Shoe Requirements

Fearless Motion Dance Center

2022-2023 Dress Code & Shoe Requirements

Creative Club

Ages 3-6yrs

Ballet/Tap

Twirl **PINK**

- Pink leotard *purchased through FMDC
- Pink tights
- Pink ballet shoes
- Black tap shoes
- Hair pulled back out of face (bun preferred)

Twirl **LILAC**

- Lilac leotard *purchased through FMDC
- Pink tights
- Pink ballet shoes
- Black tap shoes
- Hair pulled back out of face (bun preferred)

Twirl **YELLOW**

- Yellow leotard *purchased through FMDC
- Pink tights
- Pink ballet shoes
- Black tap shoes
- Hair pulled back out of face (bun preferred)

Acro **PINK, LILAC, and YELLOW**

- Biketard (any color) or Twirl Leotard
- Bare feet (convertible tights if coming from a Twirl class)
- Hair pulled back out of face

Pre-Jazz **LILAC and YELLOW**

- Biketard (any color) or Twirl Leotard
- Black jazz shoes
- Hair pulled back out of face

Hip Hop **LILAC and YELLOW**

- Comfortable athletic clothes that you can move and stretch fully in. No jeans.
- Sneakers only worn for hip-hop class. Any style...stylish and fun!
- Hair pulled back out of face



Fearless Motion Dance Center

2022-2023 Dress Code & Shoe Requirements

Creative Club

BOYS Ages 3-6yrs

Ballet/Tap

Twirl **PINK**

- Solid pink t-shirt
*purchased through FMDC
- Solid black shorts or tight-fitting pants.
- Black ballet shoes
- Black tap shoes

Twirl **LILAC**

- Solid lilac t-shirt
*purchased through FMDC
- Solid black shorts or tight-fitting pants.
- Black ballet shoes
- Black tap shoes

Twirl **YELLOW**

- Solid yellow t-shirt
*purchased through FMDC
- Solid black shorts or tight-fitting pants.
- Black ballet shoes
- Black tap shoes

Acro **PINK, LILAC, and YELLOW**

- Any color, slim-fitting clothes you can move in, such as joggers, shorts, t-shirts, tanks, etc. (no jeans)
- Bare feet

Pre-Jazz **LILAC and YELLOW**

- Any color, slim-fitting clothes you can move in, such as joggers, shorts, t-shirts, tanks, etc. (no jeans)
- Black jazz shoes

Hip Hop **LILAC and YELLOW**

- Comfortable athletic clothes that you can move and stretch fully in. No jeans.
- Sneakers only worn for hip-hop class. Any style...stylish and fun!



Fearless Motion Dance Center

2022-2023 Dress Code & Shoe Requirements

Intro to Ballet, Ballet I, and Ballet II

- Black leotard (no skirts are permitted)
- Pink tights
- Pink split-sole ballet shoes
- Hair pulled back in a bun secured with a hairnet and bobby pins

Jazz I, Jazz II, Jazz III, Teen Jazz, Stretch, and Leaps & Turns

- Black leotard, black tank top, or black t-shirt with either black jazz shorts or black leggings
- Black jazz shoes
- Hair is pulled back out of face

Intro to Musical Theatre and Musical Theatre Jr/Sr

- Black leotard, black tank top, or black t-shirt with either black jazz shorts or black leggings
- Black jazz shoes
- Hair is pulled back out of face

Acro - all ages

- Biketard or black leotard with either black jazz shorts or black leggings
- Bare feet
- Hair is pulled back out of face

Ballet III and Teen Ballet

- Black leotard
- Ballet skirt *purchased through FMDC
- Pink tights
- Pink split-sole ballet shoes
- Hair pulled back in a bun secured with a hairnet and bobby pins

Tap I, Tap II, Tap III, and Teen Tap

- Black leotard, black tank top, or black t-shirt with either black jazz shorts or black leggings
- Black tap shoes: Leos Ultra Tap black lace up full sole tap shoes
- Hair is pulled back out of face

Intro to Contemporary, Contemporary Jr/Sr, and Stretch

- Black leotard, black tank top, or black t-shirt with either black jazz shorts or black leggings
- Bare feet
- Hair is pulled back out of face

Hip Hop I, Hip Hop II, Hip Hop III, and Teen Hip Hop

- Comfortable athletic clothes that you can move and stretch fully in. No jeans.
- Sneakers only worn for hip-hop class. Any style...stylish and fun!
- Hair pulled back out of face

If your dancer wears a loose tank top or t-shirt please wear a leotard or sports underneath it. Many moves in dance go upside down.

Fearless Motion Dance Center
2022-2023 Dress Code & Shoe Requirements
BOYS

Intro to Ballet, Ballet I, Ballet II, Ballet III, and Teen Ballet

- Solid white t-shirt or tank
- Solid black shorts or tight-fitting pants
- Black ballet shoes

Tap I, Tap II, Tap III, and Teen Tap

- Black slim-fitting clothes you can move in, such as joggers, shorts, t-shirts, tanks, etc. No baggy t-shirts or pants. No jeans.
- Black tap shoes: Leos Ultra Tap black lace up full sole tap shoes

Intro to Musical Theatre and Musical Theatre Jr/Sr

- Black Slim-fitting clothes you can move in, such as joggers, shorts, t-shirts, tanks, etc. No baggy t-shirts or pants. No jeans.
- Black jazz shoes

Acro - all ages

- Black Slim-fitting clothes you can move in, such as joggers, shorts, t-shirts, tanks, etc. No baggy t-shirts or pants. No jeans.
- Bare feet

Jazz I, Jazz II, Jazz III, Teen Jazz, Stretch, and Leaps & Turns

- Black slim-fitting clothes you can move in, such as joggers, shorts, t-shirts, tanks, etc. No baggy t-shirts or pants. No jeans.
- Black jazz shoes

Intro to Contemporary, Contemporary Jr/Sr, and Stretch

- Black Slim-fitting clothes you can move in, such as joggers, shorts, t-shirts, tanks, etc. No baggy t-shirts or pants. No jeans.
- Bare feet

Hip Hop I, Hip Hop II, Hip Hop III, and Teen Hip Hop

- Comfortable athletic clothes that you can move and stretch fully in. Please no jeans.
- Sneakers only worn for hip-hop class. Any style...stylish and fun!