FMDC Apparel Sizing Chart

2020-2021 Dance Season

Headbands and Face Masks

Kids
One size fits most

Adult
One size fits most

Limited Edition Sweatshirts

Kids
XS, S, M, L, XL

Adult
S, M, L, XL

ON SALE until DEC. 6TH

Tank Tops white/metallic lettering

Kids
S (6/8), M (10/12) , L (14-16)

Adult
XS, S, M, L, XL

Leotards and Leggings

Please refer to the sizing charts below for child and adult sizes

Child Sizing

Child		XX-Small XXSC (3T)	X-Small XSC (4/5)	Small SC (6/6X)	Intermediate IC (7/8)	Medium MC (10/12)	Large LC (14)	X-Large XLC (16/18)	XX-Large XXLC (20)
Combo Sizing		Size Not Available	XSC/SC			MC/LC			Size Not Available
Girth	in	32 - 36	36 - 40	40 - 44	44 - 47	47 - 51	51 - 54	54 - 57	57 - 60
Chest	in	20 - 22	22 - 24	24 - 26	26 - 28	28 - 31	31 - 33	33 - 36	36 - 40
Waist	in	19 - 22	22 - 23	23 - 24	24 - 25	25 - 27	27 - 29	29 - 32	32 - 35
Hips	in	20 - 23	23 - 25	25 - 27	27 - 29	29 - 32	32 - 36	36 - 39	39 - 41
Inseam	in	15 - 17	17 - 19	19 - 22	22 - 25	25 - 28	28 - 30	28 - 31	28 - 31

Adult Sizing

Adult		X-Small XSA/PA (0/2)	Small SA (2/4/6)	Medium MA (8/10)	Large LA (12/14)	X-Large XLA (16/18)	XX-Large XXLA (20)
Combo Sizing			SA/MA		LA/XL		
Girth	in	54 - 57	57 - 60	60 - 63	63 - 66	66 - 69	69 - 72
Bust	in	31 - 33	33 - 36	36 - 38	38 - 41	41 - 45	45 - 50
Waist	in	22 - 25	25 - 28	28 - 30	30 - 33	33 - 37	37 - 41
Hips	in	32 - 34	34 - 37	37 - 40	40 - 43	43 - 47	47 - 51
Inseam	in	29 - 33	29 - 33	29 - 33	29 - 33	29 - 33	29 - 33