

OVERVIEW

At FMDC, we have a dress code for all ages groups. Just like any team sport, you would not show up to the game without your jersey, and the same goes for dance class. Dressing appropriately in class gives the dancer confidence, helps lessen distractions, and helps teachers better see body lines.

Please Note - Students not in the proper attire could be asked to sit, watch, and take notes in class. No loose jewelry (stud earrings allowed) or gum chewing is permitted. All dance shoes (including sneakers for hip-hop) must NOT be worn outside. NO JEANS OR JEAN SHORTS are to be worn in any class, including tap and hip hop.

SHOP

All Twirl classes (pink, lilac, and yellow) **will purchase their leotards through FMDC.** FMDC sells ballet shoes, tap shoes, tights, and other black apparel that can be worn in the classroom. Click [HERE](#) to view the FMDC apparel.

Boulder Body Wear is your local dance store, and they can help you find any dance shoes or other dance items you may need. They have fantastic customer service.

Boulder Body Wear
2850 Arapahoe Rd #104
Lafayette, CO 80026
Phone: (303) 447-9100

Part of **FMDC's dress code is to be inclusive of all skin tones.** For classes that are required to have tights, we welcome dancers to choose an option that best matches their skin tone. FMDC partners with a company that offers a variety of options for our dancers.

This does not apply for ballet classes—as all dancers will be in pink tights, therefore, pink ballet shoes will continue the line of the leg for all dancers regardless of skin tone.

You will find FMDC's Dress Code and Shoe Requirements on the following pages.



DRESS CODE

CREATIVE CLUB

AGES 3-7 YEARS *GIRLS



PINK

TWIRL PINK BALLET/TAP

- Pink leotard *purchased through FMDC
- Pink tights
- Pink ballet shoes
- Black tap shoes
- Hair pulled back out of face (bun preferred)

LILAC

TWIRL LILAC BALLET/TAP

- Lilac leotard *purchased through FMDC
- Pink tights
- Pink ballet shoes
- Black tap shoes
- Hair pulled back out of face (bun preferred)

LILAC HIP HOP

- Comfortable athletic clothes that you can move and stretch in. No jeans or jean shorts.
- Sneakers only worn for hip-hop class. Any style...stylish and fun!
- Hair pulled back out of face

LILAC ACRO

- Any color Biketard or Twirl leotard
- Bare feet (convertible tights if coming from a Twirl class)
- Hair pulled back out of face

YELLOW

TWIRL YELLOW BALLET/TAP

- Yellow leotard *purchased through FMDC
- Pink tights
- Pink ballet shoes
- Black tap shoes
- Hair pulled back out of face (bun preferred)

YELLOW HIP HOP

- Comfortable athletic clothes that you can move and stretch in. No jeans or jean shorts.
- Sneakers only worn for hip-hop class. Any style...stylish and fun!
- Hair pulled back out of face

YELLOW ACRO

- Biketard or Twirl Leotard
- Bare feet (convertible tights if coming from a Twirl class)
- Hair pulled back out of face

YELLOW JAZZ

- Biketard (any color) or Twirl leotard
- Black jazz shoes
- Hair pulled back out of face

INTRO

INTRO TO BALLET

- Black leotard (no skirts are permitted)
- Pink tights
- Pink ballet shoes
- Hair pulled back in a bun secured with bobby pins

INTRO TO HIP HOP

- Comfortable athletic clothes that you can move and stretch in. No jeans or jean shorts.
- Sneakers only worn for hip-hop class. Any style...stylish and fun!

INTRO TO ACRO

- Black biketard or black leotard with either black jazz shorts or black leggings
- Bare feet (convertible tights if coming from ballet)
- Hair pulled back out of face

INTRO TO JAZZ & MUSICAL THEATRE

- Black biketard or black leotard, black tank top, with either black jazz shorts or black leggings
- Black jazz shoes
- Hair pulled back out of face

INTRO TO TAP

- Black slim-fitting clothes you can move in, such as joggers, shorts, t-shirts, tanks, etc. No baggy t-shirts or pants. No jeans or jean shorts.
- Black tap shoes

If your dancer wears a loose tank top or t-shirt please wear a leotard or sports bra underneath it. Many moves in dance go upside down.

DRESS CODE

CREATIVE CLUB

AGES 3-7 YEARS *BOYS



PINK

TWIRL PINK BALLET/TAP

- Solid pink t-shirt
*purchased through FMDC
- Solid black shorts or tight-fitting pants.
- Black ballet shoes
- Black tap shoes
- Hair pulled back out of face

LILAC

TWIRL LILAC BALLET/TAP

- Solid lilac t-shirt
*purchased through FMDC
- Solid black shorts or tight-fitting pants.
- Black ballet shoes
- Black tap shoes
- Hair pulled back out of face

LILAC HIP HOP

- Comfortable athletic clothes that you can move and stretch in. No jeans or jean shorts.
- Sneakers only worn for hip-hop class. Any style...stylish and fun!
- Hair pulled back out of face

LILAC ACRO

- Any color, slim-fitting clothes you can move in, such as joggers, shorts, t-shirts, tanks, etc. (no jeans)
- Bare feet
- Hair pulled back out of face

YELLOW

TWIRL YELLOW BALLET/TAP

- Solid yellow t-shirt
*purchased through FMDC
- Solid black shorts or tight-fitting pants.
- Black ballet shoes
- Black tap shoes
- Hair pulled back out of face

YELLOW HIP HOP

- Comfortable athletic clothes that you can move and stretch in. No jeans or jean shorts.
- Sneakers only worn for hip-hop class. Any style...stylish and fun!
- Hair pulled back out of face

YELLOW ACRO

- Any color, slim-fitting clothes you can move in, such as joggers, shorts, t-shirts, tanks, etc. (no jeans)
- Bare feet
- Hair pulled back out of face

YELLOW JAZZ

- Any color, slim-fitting clothes you can move in, such as joggers, shorts, t-shirts, tanks, etc. (no jeans)
- Black jazz shoes
- Hair pulled back out of face

INTRO

INTRO TO BALLET

- Solid black t-shirt or tank
- Solid black shorts or tight-fitting pants
- Black ballet shoes
- Hair pulled back out of face

INTRO TO HIP HOP

- Comfortable athletic clothes that you can move and stretch in. No jeans or jean shorts.
- Sneakers only worn for hip-hop class. Any style...stylish and fun!
- Hair pulled back out of face

INTRO TO ACRO

- Black Slim-fitting clothes you can move in, such as joggers, shorts, t-shirts, tanks, etc.
- Bare feet
- Hair pulled back out of face

INTRO JAZZ & MUSICAL THEATRE

- Black Slim-fitting clothes you can move in, such as joggers, shorts, t-shirts, tanks, etc.
- Black jazz shoes
- Hair pulled back out of face

INTRO TO TAP

- Black slim-fitting clothes you can move in, such as joggers, shorts, t-shirts, tanks, etc. No baggy t-shirts or pants. No jeans or jean shorts
- Black tap shoes

DRESS CODE

MAIN LOCATION

BALLET

- Black leotard--fully lined, with no sports bra underneath
- No skirts are permitted
- Pink tights
- Pink split-sole ballet shoes
- Hair pulled back in a bun secured with a hairnet and bobby pins

TAP

- Black biketard, black leotard, black tank top, or black t-shirt with either black jazz shorts or black leggings
- Black tap shoes: Leos Ultra Tap black lace up full sole tap shoes
- Hair pulled back out of face

JAZZ

- Black biketard, black leotard, black tank top, or black t-shirt with either black jazz shorts or black leggings
- Black jazz shoes
- Hair pulled back out of face

CONTEMPORARY, STRETCH, TURNS AND LEAPS

- Black biketard, black leotard, black tank top, or black t-shirt with either black jazz shorts or black leggings
- Bare feet
- Hair pulled back out of face

MUSICAL THEATRE

- Black biketard, black leotard, black tank top, or black t-shirt with either black jazz shorts or black leggings
- Black jazz shoes
- Hair pulled back out of face

HIP HOP

- Comfortable athletic clothes that you can move and stretch in. No jeans or jean shorts.
- Sneakers only worn for hip-hop class. Any style...stylish and fun!
- Hair pulled back out of face

ACRO

- Black biketard or black leotard with either black jazz shorts or black leggings
- Bare feet
- Hair pulled back out of face

If your dancer wears a loose tank top or t-shirt please wear a leotard or sports bra underneath it. Many moves in dance go upside down.

DRESS CODE



MAIN LOCATION

BOYS

Have hair pulled back out of face

BALLET

- Solid white t-shirt or tank
- Solid black shorts or tight-fitting pants
- Black ballet shoes

TAP

- Black slim-fitting clothes you can move in, such as joggers, shorts, t-shirts, tanks, etc. No baggy t-shirts or pants. No jeans.
- Black tap shoes: Leos Ultra Tap black lace up full sole tap shoes

JAZZ

- Black slim-fitting clothes you can move in, such as joggers, shorts, t-shirts, tanks, etc. No baggy t-shirts or pants. No jeans.
- Black jazz shoes

CONTEMPORARY, STRETCH, TURNS AND LEAPS

- Black Slim-fitting clothes you can move in, such as joggers, shorts, t-shirts, tanks, etc. No baggy t-shirts or pants. No jeans.
- Bare feet

MUSICAL THEATRE

- Black Slim-fitting clothes you can move in, such as joggers, shorts, t-shirts, tanks, etc. No baggy t-shirts or pants. No jeans.
- Black jazz shoes

HIP HOP

- Comfortable athletic clothes that you can move and stretch fully in. Please no jeans.
- Sneakers only worn for hip-hop class. Any style...stylish and fun!

ACRO

- Black Slim-fitting clothes you can move in, such as joggers, shorts, t-shirts, tanks, etc. No baggy t-shirts or pants. No jeans.
- Bare feet

DRESS CODE